



OCEAN BEACH
HOSPITAL
& MEDICAL CLINICS



2023
Community
Benefit Report

Table of Contents

About OBHMC.....	2
Mission • Values • Vision	2-3
Messages to the Community.....	3-4
2023 Financial Snapshot.....	4
A1 Credit Rating.....	5
Community Impact.....	5-8
Specialty Programs & Community Outreach.....	8
Equipment, Improvements + Upgrades.....	9
Bond-Funded Projects	9
Addressing Community Health Needs.....	10
Strength in Numbers.....	11
Ocean Beach Hospital Foundation	12
Foundation + Community Support	13
Certificates, Accolades + Awards.....	13
Providers.....	14
2023 Employee of the Year.....	15
2023 Employees of the Quarter.....	15
Hospital + Clinics.....	16

Produced in conjunction with OBHMC Leadership, Zahorsky Public Relations, and Keeslar Creative.

© 2024, Ocean Beach Hospital and Medical Clinics

IN CASE OF EMERGENCY, DIAL 911

Main: 360.642.3181

Email:
customer.service@oceanbeachhospital.com

Website: www.oceanbeachhospital.com



About OBHMC

Founded in 1934 and established as a Public Hospital District years later, Ocean Beach Hospital and Medical Clinics (OBHMC) has been proudly serving South Pacific County for over 90 years.

The hospital is located in Ilwaco and includes medical clinics in Ocean Park, Naselle, Ilwaco, and a walk-in clinic, Wellness and Rehabilitation Center, and Annex on/near the hospital's campus. Its providers – nine primary care, one general surgeon, two CRNAs, and a clinical social worker, boast over 150 years of combined experience and, along with a 24/7 physician-staffed Emergency Room, are ready to provide compassionate, quality, and personalized medical and surgical services.

OBHMC is a Critical Access Hospital, holds 501(c)(3) not-for-profit status from the IRS, and is licensed by the State of Washington under Public Hospital District laws and regulations. OBHMC is regularly surveyed by the Washington State Department of Health and The Compliance Team, an assurance to the community it serves that OBHMC complies with applicable state and federal regulations.



MISSION

To provide compassionate, patient-focused care for our community

Providing Quality Care Close to Home



Dear Friends and Neighbors:

I am proud to present to you the 2023 Community Benefit Report. This past year has been a testament to our collective resilience and commitment to enhancing healthcare services for our rural community.

First and foremost, thank you for the passage of the \$10 million, 20-year Capital Facilities Bond. Your support has been instrumental in enabling us to embark on vital improvements and expansions, ensuring we can better meet the healthcare needs of this community now and in the future.

Despite the ongoing challenges of operating a Public Hospital District, I am proud to report our shared success in overcoming obstacles faced by public and private hospitals alike. We have attracted highly skilled new providers, bolstering our medical team and enhancing the quality of care we provide, and have been recognized for our work addressing diabetes and for quality improvements made as a Critical Access Hospital.

In 2023, we added a walk-in clinic to better accommodate urgent medical needs that are non-emergent (not life threatening) and saw the highest number of clinic visits ever. We restored and expanded our community outreach and education offerings, surpassing pre-pandemic levels.

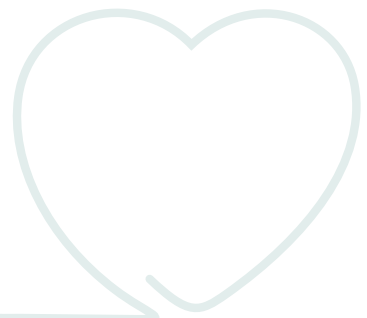
I'd also like to acknowledge our amazing staff, whose steadfast dedication and service to the health of our community make meaningful differences in the lives of those we serve. Your tireless efforts are truly appreciated.

Thank you again for your continued support and trust in us. Together, we will continue to strive for excellence in healthcare delivery and a healthier future for all.

Respectfully yours,

A handwritten signature in black ink that reads "Larry Cohen".

Larry Cohen, MSHSM
Interim CEO



VALUES

EXCELLENCE

Working to be the best

PARTNERSHIP

Joining together for the best outcome

INTEGRITY

Acting in the interest of all

COMPASSION

Treating others as you want to be treated

VISION

Develop a more integrated healthcare delivery system that results in improved access to quality healthcare services and keeps care as local as possible.

Providing Quality Care Close to Home



Message from Nancy Gorshe, OBHMC Board Chair

In 2022, the Board of Commissioners of Ocean Beach Hospital and Medical Clinics, your Public Hospital District, resolved to put a critical Capital Facilities Bond before our community in the April 2023 Special Election. The total votes failed to meet the required 60% supermajority by a mere five votes. As such, the Board resolved to put the bond to a second vote on the August Primary Election ballot. **The bond passed by an overwhelming 70.5%.**

The passage demonstrates two important points: **1) your strong and steadfast support and desire for quality healthcare within our rural community, and 2) our unshakeable commitment to providing for the community's evolving healthcare needs.**

The dynamic public process undertaken informed and crystallized the community's healthcare vision and provided for the critical funding necessary to achieve it.

Since its passage, the Board and the Executive Team have worked diligently on your behalf to ensure that the projects align with the community's needs and aspirations. Foremost among these are the establishment of an urgent care clinic on the main campus, as well as maintaining, improving, and expanding existing facilities and equipment, to best serve shared healthcare needs.

We commend our dedicated staff, including Scot Attridge, who left the hospital's employment in April 2024. Their contributions are the backbone to OBHMC's success. And we thank you, our South Pacific County community, once more for recognizing the importance of quality healthcare right here at home.

Board of Commissioners

Madeline Matson
Sandra Stonebreaker
Ariel Smith, secretary
Nancy Gorshe, chair
Elise Chayet (not pictured)



2023 Financials

Net Patient Revenue	\$33,816,025
Total Operating Revenue	\$35,486,207
Expenses	(\$37,217,482)
Operating Gain/(Loss)	(\$1,731,275)
Tax Revenue (Maintenance and Operations)	\$1,289,739

Note: This is from a tax voted by the public and is used for capital improvement, equipment, and staff raises.

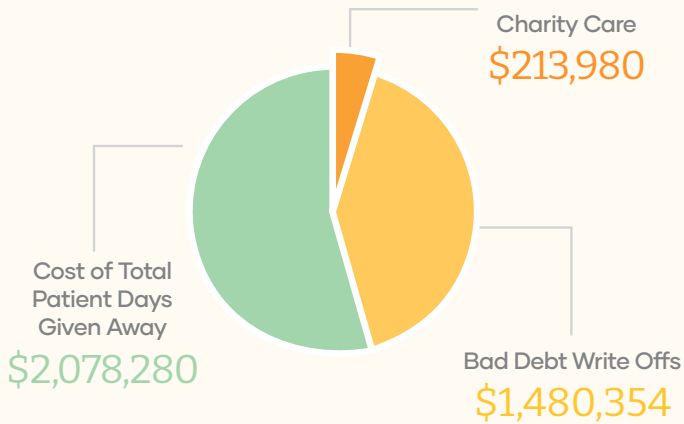
Increase/(Decrease) in Net Position	(\$441,536)
-------------------------------------	-------------

COMMUNITY BENEFIT PROVIDED

Fiscal Year 2023

UNCOMPENSATED COST

\$3,772,613



COMMUNITY PROGRAMS & WELLNESS INITIATIVES

\$346,810

Cost of the Program



MEDICAID SHORTFALL

\$1,971,675

Covered by OBHMC



SUBSIDIZED HEALTH SERVICES

\$5,744,289

“The doctor was professional in every way, and very gentle. He listened to me.”

A1 Credit Rating

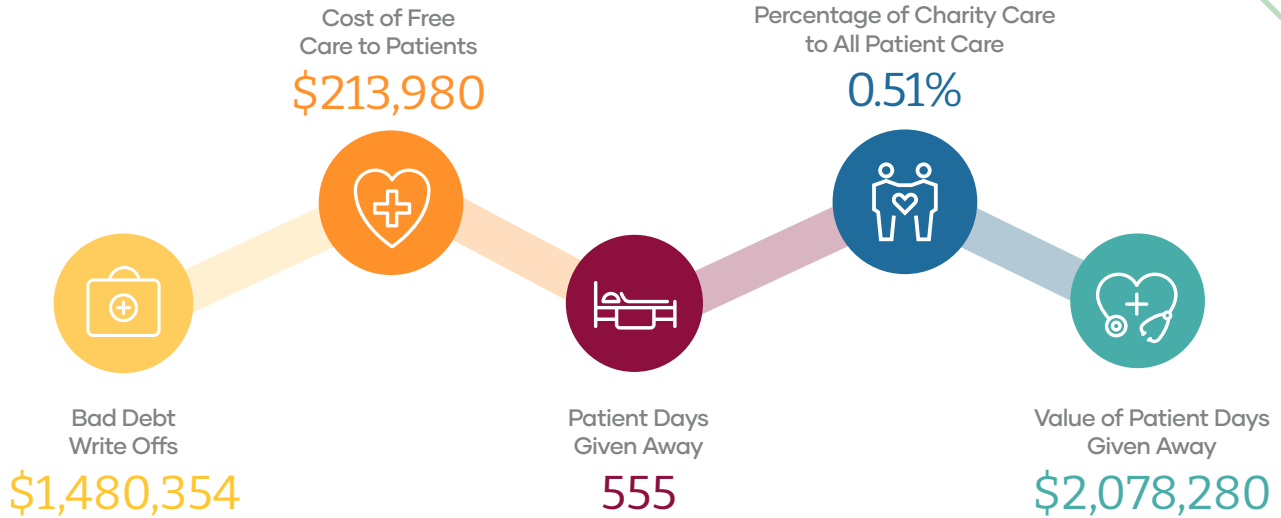
Based on the historic financials of the Ocean Beach Hospital and Medical Clinics (“OBHMC”) for the periods of 2018-2022, Moody’s Ratings assigned the district a credit rating of “A1”. Moody’s defines an A1 rating as subject to low credit risk. In its rationale, Moody’s cited the district’s assessed value growth, strong financial position, and other factors including strong voter support and an experienced and stable management team as positive factors supporting the A1 rating for the district’s 2024 Unlimited Tax General Obligation Bonds.

“This is a very good rating when you compare the size of OBHMC to larger public hospital districts with an A1 rating in Washington, such as Snohomish County Public Hospital District No. 3 in Arlington; Grant County Public Hospital District No. 1 (Samaritan Healthcare) in Moses Lake; and Whitman County Public Hospital District No. 1-A in Pullman.”

-Jim Nelson, Managing Director, Public Finance at D.A. Davidson & Co., who served as underwriter for the bonds.

Community Impact

CHARITY CARE



COMMUNITY BENEFIT 2023



Community Impact

COMMUNITY BENEFIT 2023



6,394

Wellness Center Visits



1,132

Cardio-Pulmonary Rehab Visits



74

Pulmonary Function Tests



71,203

Lab Samples Collected and Tested



312,100

Lab Tests Completed



13,286

Radiology Encounters



1,486

Flu Shots Administered



132

ER COVID-Positive Patients



14

Inpatient COVID-Positive Patients



59

COVID-19 Patient Days

OCEAN BEACH HOSPITAL 2023



2,245

Patient Days



398

Admissions



4,380

Bed Days Capacity



6

Average Daily Census

Inpatient

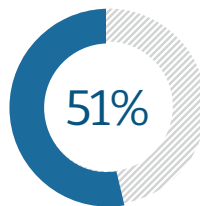
6 Days

Average Length of Stay

Swing Bed

10 Days

Average Length of Stay



Bed Occupancy Rate

Community Impact

SPECIALTY PROGRAMS & COMMUNITY OUTREACH



- Alzheimer's Awareness Workshops
- Caregiver Support Groups
- Diabetes Prevention Program
- Diabetes Self-Management Training
- Chronic Disease Self-Management Classes
- American Heart Association's Heart & Stroke Walk
- Community Health & Wellness Fair
- POLST End of Life Planning Workshops
- Lymphedema Talks
- SAIL (Stay Active and Independent for Life) Program
- Otago Program – a falls prevention program for seniors
- Healthy Eating Cooking Classes/Dietician Workshops
- Free Hygiene Packs
- Food Drives (with local food banks)



IMPROVING ACCESS TO DIABETES EDUCATION



In 2023, OBHMC enhanced diabetes education in the community by improving access to two programs: Diabetes Self-Management and Diabetes Prevention. The process improvement team, formed in September 2022, streamlined provider/patient referrals, made all diabetes programs free to participants, and launched an outreach campaign. OBHMC received the prestigious **Rural Quality Everyday Extraordinary Award** from the Washington State Hospital Association for these efforts.

“ She listens, understands and helps to develop a plan! ”

SOCIAL DETERMINANTS OF HEALTH

Social determinants of health (SDOH) are the conditions in the environments where people are born, live, learn, work, play, worship, and age that affect a wide range of health, functioning, and quality-of-life outcomes and risks.

SDOH can be grouped into 5 domains:



ECONOMIC STABILITY



EDUCATION



HEALTH CARE ACCESS AND QUALITY



NEIGHBORHOOD AND BUILT ENVIRONMENT



SOCIAL AND COMMUNITY CONTEXT

Equipment, Improvements + Upgrades

OBHMC is charged with keeping the hospital, clinics, and other structures up to date and up to code. A highly skilled crew performs ongoing maintenance as well as large and small improvements. Among the projects completed in 2023 were the following:

- Modernizing the hospital elevator that services the main floor and the basement
- Completing Phase 2 of the basement plumbing refit in the hospital
- Roof installation and modernization of the Annex (acquired in 2022)
- Adding a pass-through window catering to the walk-in patients
- Putting up double blinds/solar shades on exterior facing windows
- Security upgrades to the Naselle Clinic

NEW & UPGRADED MEDICAL EQUIPMENT

- Wi-Fi AED Defibrillators
- Colonoscope
- AMSCO 2532 Single-Chamber Washer/Disinfector
- InTouch Lite V4 Virtual Care Robot (for Telehealth)
- Endoscope Reprocessor
- Patient Lifts
- Large Volume IV Pumps
- Pyxis Medication Security and Distribution System



BOND-FUNDED IMPROVEMENTS & EXPANSIONS

The passage of the Capital Facilities Bond will help fund a number of projects. Priority projects include the following:

- Adding a nonprofit urgent care center for non-life-threatening medical concerns or injuries
- Expanding the Ilwaco Clinic, the laboratory, the Wellness and Rehabilitation Center, and the hospital's in-patient nursing station and pharmacy
- Increasing access to women's health services at the Ocean Park Clinic
- Upgrading medical, surgical, and diagnostic/treatment equipment.



“ Having the time to ask questions about lab tests means a lot to me, but more so is having a good explanation from my doctor. ”

Addressing Community Health Needs

CHNA UPDATE

A Community Health Needs Assessment (CHNA) is conducted every three years. The current assessment is for 2022 to 2024. The assessment defines priorities for OBHMC. A plan addressing each priority is created and acted upon. Progress was made on each of the CHNA's priorities in 2023. Specifics are as follows:

PRIORITY 1

Access to Primary Care, Care Coordination, and Chronic Disease

- Walk-in clinic available six days a week, and patient visits averaging 25 per day. This resulted in a decrease in Emergency Department utilization by over 300 visits.
- Hired a Population Health Nurse to leverage Accountable Care Organization best practices.
- In the planning stage to expand the Ilwaco Clinic to accommodate urgent care.
- Increased the number of chronic disease group classes.

PRIORITY 2

Access to Specialty Care

- Completed a needs assessment to determine the financial and operational feasibility of specialty services.

PRIORITY 3

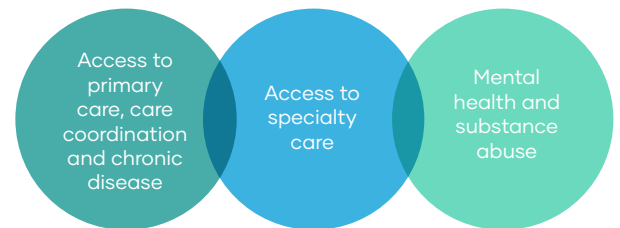
Addressing Mental Health and Substance Abuse

- Integrated the licensed clinical social worker into primary care.
- Facilitated provider training on recognizing early signs of mental health and substance abuse.

ADDITIONAL ACTIONS TAKEN

To Increase Access to Quality Health Care Close to Home

- Expanded Diagnostic and Lab Services.
- Added Cardiac Ultrasound services two days a week.
- Partnered with Oregon Health Sciences University for Telestroke medicine.
- Expanded Occupational Therapy.
- Added Lymphedema Therapy.



“Nurses and staff at the hospital were excellent.”

FOR FULL REPORT,
PLEASE SCAN:



DISASTER READINESS

OBHMC participates in local, state, and federal disaster drills including the Great Washington ShakeOut/ Great ShakeOut Earthquake Drills, mass casualty incident (MCI) drills, surf rescue drills, and the Northwest Healthcare Response Network's Medical Response & Surge Exercise, among others.



Strength in Numbers

STRATEGIC ALLIANCES

OBHMC has pioneered programs and utilized strategic alliances, collaborations, and partnerships in its efforts to best meet the health care needs of its rural patient population. The successful operation of our rural public hospital relies on these partnerships to best navigate the dynamic healthcare landscape, create efficiencies, and enhance the services provided to the community.

“ I am so pleased with the care and concern shown to me. ”



PARTNERSHIPS, COLLABORATIONS & MEMBERSHIPS

- American Hospital Association®
- Cascade Pacific Action Alliance
- Columbia Memorial Hospital
- CHOICE Regional Health Network
- Kadlec Medical Center
- National Rural Health Association
- Olympic Area Agency on Aging
- Oregon Health Sciences University
- Pacific County EDC
- Pacific County Human Services Advisory Board
- Providence Seaside Hospital
- Texas A&M Rural Community Health Institute
- The Rural Collaborative /Rural Health Enterprise
- Washington State Hospital Association
- WSU Elson S. Floyd College of Medicine

WASHINGTON STATE UNIVERSITY ELSON S. FLOYD COLLEGE OF MEDICINE RESIDENCY PROGRAM

Since 2022, OBHMC has provided monthly rural clinical training for the residency program. A new resident is with us every month. The program has been well received by patients and providers, alike.



“ We are proud to be helping to train the next generation of physicians! ”



Foundation + Community Support

BOARD OF TRUSTEES

Sally Macy, president
Shelley Weaver, vice president
Barb Puhl, treasurer
Eleanor Ramage, secretary
Phil Allen, trustee
Cora Barran, trustee
Sondra Nash-Eaton, trustee
Deb Howard, trustee
Tammie Jefferies, trustee
Mike Porter, trustee



Board of Trustees (left to right): Sondra Nash-Eaton, Barb Puhl, treasurer, Mike Porter, Sally Macy, president, Tammie Jefferies, Eleanor Ramage, secretary, Shelley Weaver, vice president. Not pictured: Cora Barran, Deb Howard, Phil Allen.

The Ocean Beach Hospital Foundation accepts planned gifts. When estate planning, people can designate the Foundation as a recipient of a life insurance policy, real estate, or other assets.

Donations to the Foundation are tax deductible. Tax ID 41-2122776.

OBH FOUNDATION

Since 1999, Ocean Beach Hospital Foundation has worked to improve health care for the citizens of our community. We do this by managing charitable contributions, raising funds for specific projects and providing community education. Over the past 25 years, we have raised over \$1,000,000 in support of Ocean Beach Hospital.

During 2023, the Ocean Beach Hospital Foundation accomplished the following:

- **Raised over \$13,000 of the \$60,000 needed** for updated lighting in the operating room
- **Awarded three scholarships totaling \$2,500** to graduating Ilwaco and Naselle high school students committed to healthcare studies
- **Celebrated OBHMC's hardworking employees** by sponsoring a coffee cart and the annual tree lighting celebration
- **Donated \$2,000 to enhance the physical therapy department** thanks to our designated giving fund
- **Established an endowed fund with the Pacific Community Foundation**, which enables the Hospital Foundation to generate funds in perpetuity to finance efforts that may be beyond the reach of the hospital's operating budget.

“We trust OBHF to be vigilant in highlighting opportunities for maintaining an excellent local healthcare system!”

-Kelly Rupp and Bev Arnoldy



TO GIVE TO THE
ENDOWED FUND,
PLEASE SCAN



TO GIVE TO THE
“LIGHT UP THE O.R.!”
FUND, PLEASE SCAN

Foundation + Community Support

COMMUNITY SUPPORT

OBHMC is grateful to be the beneficiary of volunteer time and talent, foundation and agency grants, and outstanding community support. Thank you so much to the following:

- **The Murdock Trust for a \$350,000 grant** earmarked for renovation of the hospital's pharmacy and nursing station
- **Olympic Area Agency on Aging \$10,000 grant** for Otago, a falls prevention program
- **The Ocean Beach Hospital Foundation for the hard work, dedication, and ongoing support** to improve health care in the community
- **The Ocean Beach Hospital Auxiliary for volunteering** 1,244 hours

The health of our community benefits greatly from your generosity and support!



\$350,000

grant from The Murdock Trust
for pharmacy and nursing station
renovation.

\$10,000

grant from Olympic Area Agency for
Otago, a falls prevention program.

Certificates, Accolades + Awards

OBHMC HOLDS CERTIFICATES FOR:

- Level II Cardiac Care
- Level III Stroke Care
- Level IV Trauma Care
- WSHA Health Equity Collaboration Program

AWARDED FROM THE WASHINGTON STATE HOSPITAL ASSOCIATION:

- Rural Quality Everyday Extraordinary Award
- Critical Access Hospital Achievement of Quality Excellence Program
- Ben Lindekugel Governance Excellence Award



Providing Compassionate, Patient-Focused Care

DOCTORS



LAURIE BELKNAP, DO
Chief of Medical Staff
Ilwaco & Hospital
Family Medicine
Ohio University
Heritage College of Osteopathic Medicine



ALBERT FABIANO, MD
Medical Clinic Director
Ilwaco, Ocean Park & Hospital
Internal Medicine Specialist
Spartan Health Sciences University/
School of Medicine



GERALD WEAVER, MD
Vice Chief of Staff and Director
of General Surgery, Ilwaco & Hospital
General Surgery Specialist
Loma Linda University School of Medicine

PHYSICIAN ASSISTANTS



STEVE BELLINGER, MS, PA-C
Ocean Park Medical Clinic
PA from University of Washington



APRIL MCCUNE, PA-C
Naselle Medical Clinic
DMSc from George Fox University



KYLE SHAFER, PA-C
Naselle Medical Clinic
MS from Sullivan University

CONTRACTED PROVIDERS

EMERGENCY DEPARTMENT

Contracted with NewGen

JAMES BRUCE, DO

Emergency Room Medical Director

ADVANCED REGISTERED NURSE PRACTITIONERS



EMILY DARR, ARNP
Ilwaco Medical Clinic
Family Medicine
FNP from Chamberlain University



NIKKI HARTLEY-JONASON, ARNP
Ocean Park Medical Clinic
Family medicine
FNP from Simmons College



ANYA HOLMQUIST, ARNP
Ilwaco Walk-In Clinic
FNP and MSN from Samuel Merritt
University



KURT "COLT" SAWYER, ARNP
Ilwaco Medical Clinic - Family Practice
Ilwaco Walk-In Clinic
MSN and FNP from Maryville University

CLINICAL SOCIAL WORKER



LIN LI, MSW, LCSW
Ilwaco Medical Clinic
MSW from Washington University

NURSE ANESTHETISTS



TED GAVEL, CRNA
Hospital Surgery Department



STEPHANIE ROBINSON, CRNA
Hospital Surgery Department

“I found everyone I interacted with to be caring, friendly and professional! Five stars!”

Providing Compassionate, Patient-Focused Care

EMPLOYEE OF THE YEAR

Joseph Rivera, Radiology Tech Specialist



EMPLOYEES OF THE QUARTER



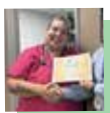
1ST QUARTER

Annette Allen,
Environmental
Services Manager



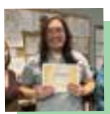
2ND QUARTER

Christine Coddington,
Records Clerk



3RD QUARTER

Cori Tucker,
Certified Medical Assistant



4TH QUARTER

Joseph Rivera,
Radiology Tech Specialist



“The doctor’s assistant who took my blood pressure and such was very present and thorough. I felt very seen and heard by the nursing team during my 11 day stay were all excellent, kind, caring and professional. The staff is professional & still has great listening skills. Very positive and helpful. They took the time to ask questions about lab results and provided a clear explanation from my doctor.” “It was one of the best experiences I have had. The staff was amazing but the doctor was outstanding. In fact, the doctor was the best between staff members was excellent. The entire staff!” “Even though I was there for a short time, the care I received was outstanding. My husband and I were taken care of by the best staff. Every time I visit Ocean Beach Clinic, I receive the best care possible for what I need. The staff is very supportive.” “They all are friendly and helpful. Keep up the good work. Appointment was easy to obtain and the staff was very friendly.” “I feel my family and I were treated with care, compassion and thoroughness while being patients at the clinic. Staff are always friendly and helpful.” “My doc and nurse(s) are exceptional. I’m often uncomfortable with people in general. These folks are great.” “My therapist that day was great. She explained everything. She was very pleasant and caring.” “The whole procedure was smooth and handled excellently”

Celebrating 90 years of providing medical care to South Pacific County

OCEAN BEACH HOSPITAL

174 1st Avenue N
Ilwaco, WA 98624
360.642.3181
Open 24 hours

RADIOLOGY APPOINTMENTS

Monday to Friday
7:00 a.m. to 5:00 p.m.

**RADIOLOGY "WALK IN"
FOR X-RAY AND CT ORDERS**

Monday to Friday
8:00 a.m. to 6:00 p.m.

ULTRASOUND SERVICES

(by appointment only)
Monday to Friday
8:00 a.m. to 3:30 p.m.

MAMMOGRAPHY SERVICES

(by appointment only)
Monday to Thursday
8:00 a.m. to 6:00 p.m.
Saturday and Sunday
(limited schedule)

**CARDIAC ULTRASOUND
SERVICES**

(by appointment only)
Monday and Tuesday
9:00 a.m. to 3:00 p.m.

NUCLEAR MEDICINE SERVICES

(by appointment only)
Wednesday only
7:00 a.m. to 3:00 p.m.

MRI SERVICES

(by appointment only)
Tuesday and every other Friday
8:00 a.m. to 4:00 p.m.

OCEAN BEACH HOSPITAL LAB

WALK-IN LAB DRAW

(main lobby next to
Radiology Dept.)
Monday to Friday
7:00 a.m. to 4:30 p.m.
Saturday and Sunday
7:00 a.m. to 2:00 p.m.

**OCEAN BEACH MEDICAL GROUP
ILWACO CLINIC**

176 1st Avenue N
Ilwaco, WA 98624
360.642.3747
Monday to Saturday
8:00 a.m. to 5:00 p.m.
WALK-IN CLINIC
Monday to Saturday
8:00 a.m. to 4:00 p.m.

**OCEAN BEACH MEDICAL GROUP
OCEAN PARK CLINIC**

1501 Bay Avenue, Suite 201
Ocean Park, WA 98640
360.642.6387
Monday to Friday
8:00 a.m. to 5:00 p.m.

**OCEAN PARK CLINIC
DRAW STATION**

(by appointment only)
Monday to Friday
8:00 a.m. to 12:00 noon

**OCEAN BEACH MEDICAL GROUP
NASELLE CLINIC**

309 Knappton Road
Naselle, WA 98638
360.484.7161
Tuesday to Friday
8:00 a.m. to 5:00 p.m.

DRAW STATION

(by appointment only)
Wednesday only
8:00 a.m. to 12:00 noon

**WELLNESS AND
REHABILITATION CENTER**

316 1st Avenue N
Ilwaco, WA 98624
360.642.6328
Fax 360.642.3784
Monday to Friday (at Center)
8:00 a.m. to 6:30 p.m.
Saturday (PT at Hospital)
9:00 a.m. to 5:30 p.m.




360.642.3181

customer.service@oceanbeachhospital.com

www.oceanbeachhospital.com



 Follow Us on Facebook