



Do you qualify for our fruits & veggies coupon program?

Since 2015, the Washington State Department of Health and dozens of partners have implemented Fruit & Vegetable Incentive programs at grocery stores to make healthy food more affordable to qualifying families & individuals.

Fruits and vegetables are medicine. In general, doctors recommend eating five fruits and vegetables a day. Eating plenty of fruits and vegetables can help reduce the risk of many diseases, including heart disease, high blood pressure, and some cancers. Eating fruits and vegetables can also help you maintain a healthy weight. That's why the Washington State Department of Health, Ocean Beach Hospital and local peninsula grocery stores are working together to make sure you and your family have plenty of fruits and vegetables to keep you healthy.

To find out if you qualify* for money-saving coupon vouchers, please contact (360) 642-6308 or SLuttrell@oceanbeachhospital.com

**Candidates must meet qualifying conditions and criteria for this program*

