



# Sugar On The Brain



A Practical Presentation

Brought to you by:

Andy Lakanen, MS, RDN, CD, CDCES

(and former Rat Cosmotologist)



Thursday Dec 7

1:30 -2:30 PM

Golden Sands

21608 O Lane, Ocean Park



Registration limited to 25!

To join us, call (360) 642 - 6308